

VOLUNTEERS NEEDED

FOCUSING ON HEALTH DISPARITIES

UNDERSTANDING OVERWEIGHTNESS



The **Uniformed Services University of the Health Sciences** is conducting a study examining weight and stress responses to exercise in African American men and women between the ages of 18 and 45. We are looking for all body types and fitness levels. Volunteers will be compensated for their participation.

The study will require:

- A maximal exercise test.
 - Three submaximal exercise tests.
 - Availability for morning testing.
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If interested, please contact the
Human Performance Laboratory at USUHS
(301) 295-1371
or
humanperformancelab@usuhs.mil
